

Bella

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Wash-Away Embellishment

C&T Publishing's Wash-Away Applique Sheets—a new, eco-friendly replacement for freezer paper—do double duty when used for bobbin-work embellishment. Use the sheets to create templates for applique patches, then leave them in as the stabilizer for machine embellishment with embroidery floss.

MATERIALS AND CUTTING

QUILT SIZE: 21" x 35"

Requirements are based on 40" fabric width.

| MATERIALS | YDS. | CUTTING |
|---|--------|--|
| Dark Blue | ¾ | background patches |
| Assorted Pinks, Yellows, Turquoises, Greens | scraps | applique patches |
| Dark Green | fat ¼ | bias strips 1" x 9", 1" x 5" |
| Medium Green | fat ¼ | bias strip 1" x 36" |
| Brown | ½ | background patches, 4 binding strips 2¼" x 40" |
| Backing | ¾ | 25" x 39" |
| Batting | | 25" x 39" |

ALSO NEEDED: Wash-Away Applique Sheets by C&T Publishing; stapler and staple remover; water-soluble glue stick; variegated embroidery floss: pink, red, and gold; MonoPoly by Superior Threads or Sulky Premier Invisible Monofilament thread; 50-weight cotton thread in colors to match applique patches.

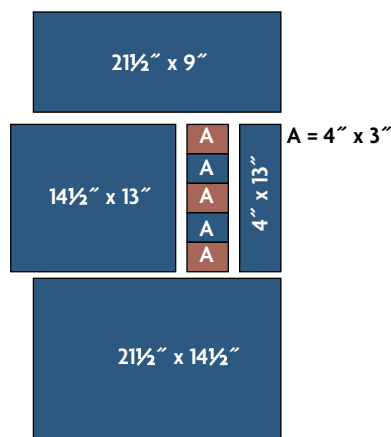
TECHNIQUES: machine embellishment, machine applique, and machine quilting.

ASSEMBLY

- 1 Wash and press fabrics. Cut the patches and strips listed in the materials and cutting box and shown in the background cutting diagram. Join background patches as shown.
- 2 Press the dark green and medium green bias strips into thirds, wrong sides together. Use spray starch to help the strips hold their shapes. Set them aside.
- 3 Trace or photocopy each template for the 3 flowers and the leaf onto plain paper, leaving ½" between tracings. Cut out the templates



Bella, 21" x 35", 2010.



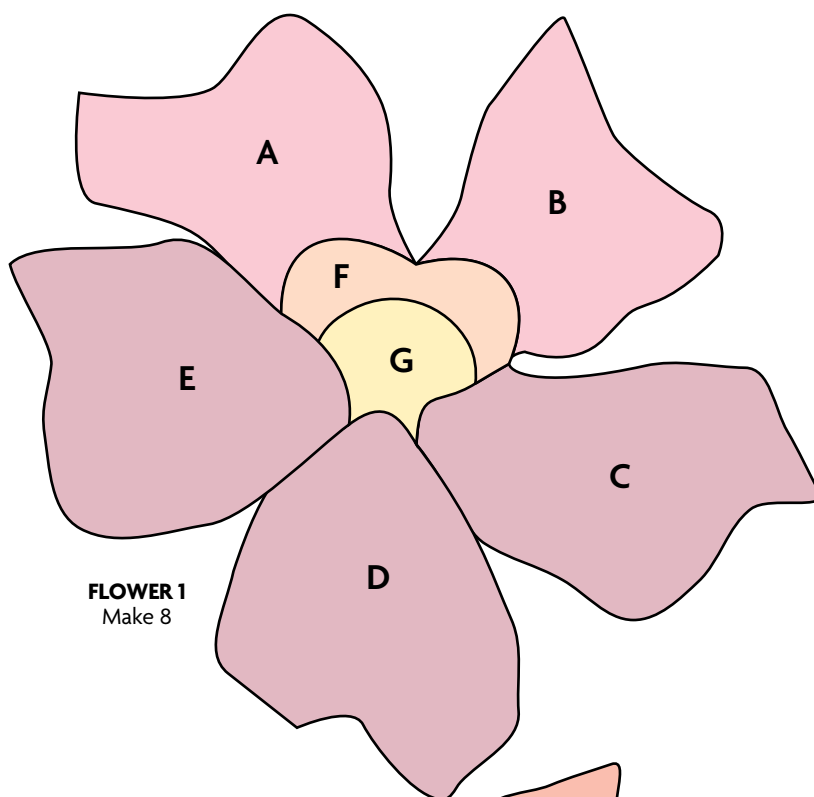
BACKGROUND CUTTING DIAGRAM

just outside the lines. Staple each template to a stack of up to 5 Wash-Away Applique Sheets, all positioned matte side up. Cut out the shapes on the lines. Remove the staples and label each shape with its appropriate letter. Repeat as needed to prepare enough shapes for 8 flower 1's, 4 flower 2's, 10 flower 3's, and 20 leaves. In the same manner, prepare patches for 1 urn.

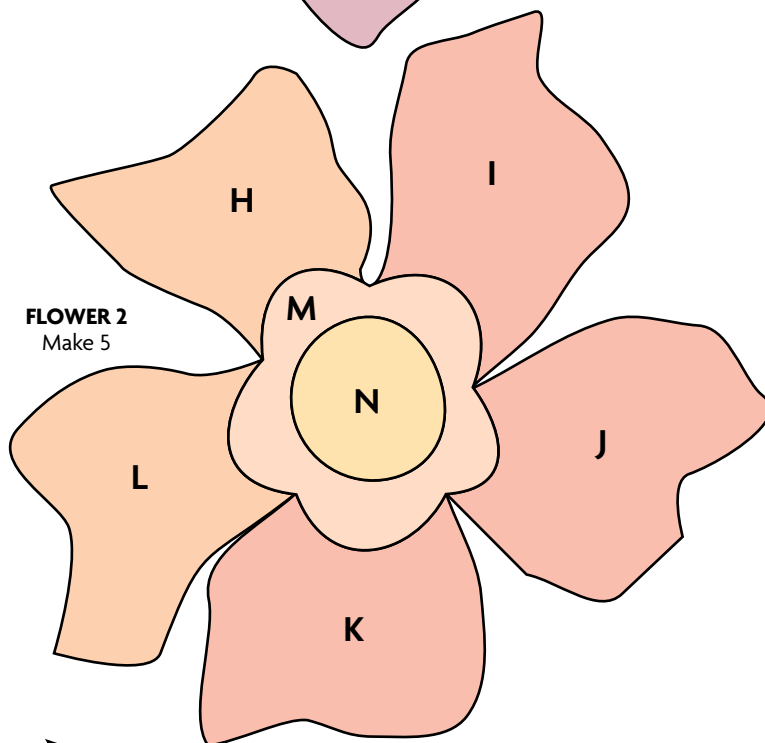
4 Using a hot, dry iron, press the shiny sides of the templates to the wrong sides of the appropriate fabrics. Cut out the applique patches, adding $\frac{3}{16}$ " turn-under allowances all around each patch.

5 Use a water-soluble glue stick to turn under all the allowances that will not be overlapped by other patches. Pinch the allowances over the edges of the templates, easing out creases as you go and creating smooth folds at points. Clip the allowances at inner points and curves just before turning them under. Use a small zigzag stitch to applique the O's over the P's to complete the 20 leaves. In the same manner, stitch the N's to the M's to complete the centers for the 5 flower 2's, the R's to the Q's to complete the 10 flower 3's, and the T to the S to complete the urn. Set all these aside.

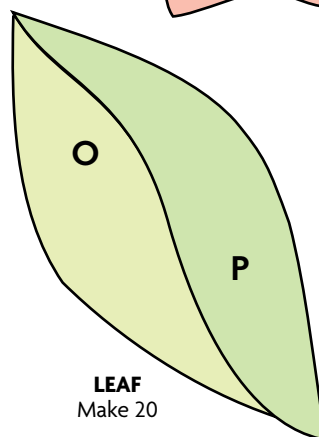
6 Fill your sewing-machine bobbin with pink variegated embroidery floss and thread the needle with 50-weight cotton thread in a color that matches your fabrics for the flower 1's. To create a decorative rickrack effect on the petals for the flower 1's, see directions in "Easy Lesson" in the October/November 2010 issue of QN. Fill your bobbin with red variegated embroidery floss and thread the needle with 50-weight cotton thread in a color that matches your fabrics for the flower 2's. To create a smooth decorative stitching line on the petals of the flower 2's, you will need minimal or no adjustment to your bobbin tension. If your machine has a special bobbin case for bobbin work, use it. If the tension is too tight, loosen it by turning the tension screw counterclockwise at about five-minute increments until you find the best position (Fig. 1). With the petals face down, stitch



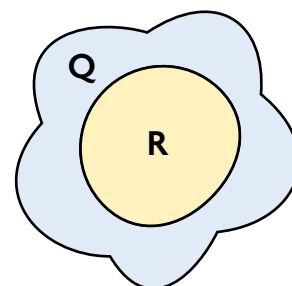
FLOWER 1
Make 8



FLOWER 2
Make 5



LEAF
Make 20




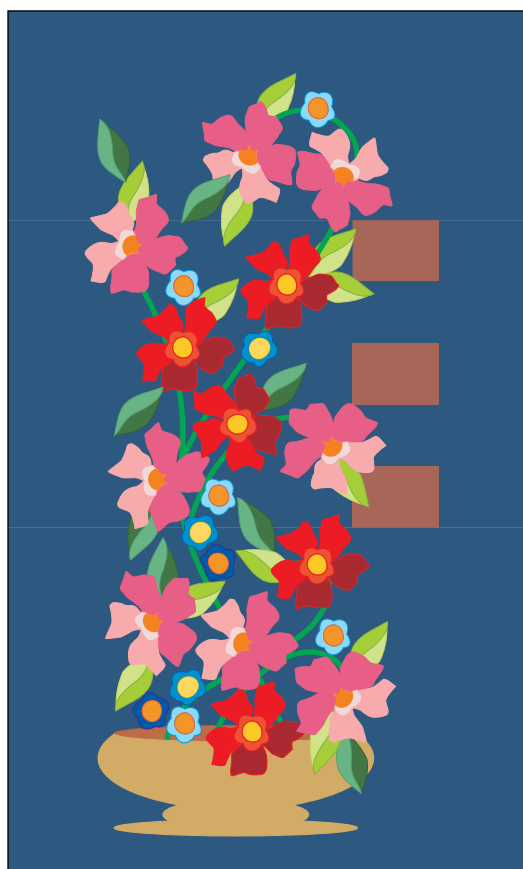
FLOWER 3
Make 10



Fig. 1

about ½" from the turned-under edges of the petals for the flower 2's. Fill a bobbin with variegated gold embroidery floss and thread the needle with 50-weight cotton thread in a color that matches your fabrics for the urn. Follow the dashed lines on the urn pattern to give it a dimensional look.

7 Referring to the quilt photo and applique patterns, stack and glue baste the shapes as shown. Using invisible thread in the needle and cotton thread in the bobbin, zigzag stitch as before to complete the flowers 1 and 2 in the quantities indicated. Referring to the quilt photo, arrange the stems and the appliques on the pieced background. Baste, then applique. Layer the quilt top, batting, and backing. Quilt as desired. Bind the quilt to finish. Wash the finished quilt gently by hand—the applique paper will wash away. 



APPLIQUE PLACEMENT DIAGRAM

